



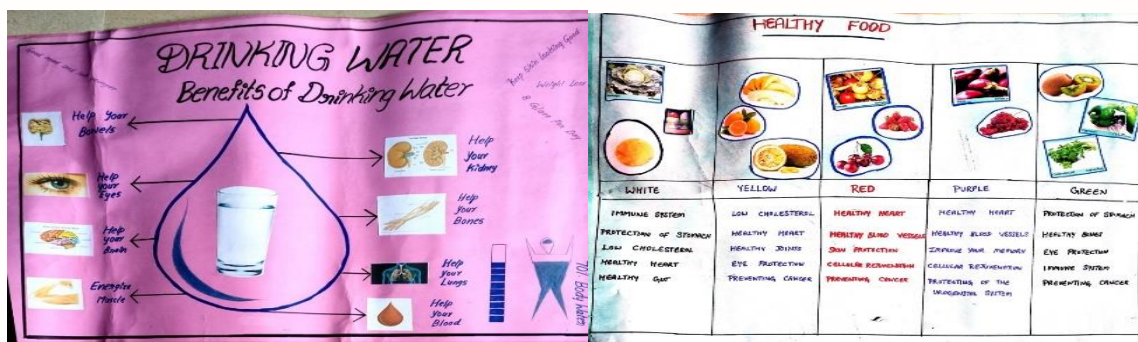
### Subject Wall Magazine: **Jagruthi**

2021-22

<b>Editorial Board</b>	Deepika Sanil, Asst Professor Amith Sunny Aranha, III BSW Asha, III BSW Anish Lama, II BSW	– Chief Editor – Editor – Asst Editor – Asst Editor
<b>No of issues Published</b>	05	

S.N.	Theme	Contributor
1	Vitamins and Minerals	Neeshma Dsouza III Bsw Thirumaleshwari, III Bsw Shaun Mascarenhas, IIBsw Anjali, IIBsw Aravind I BSW
2	Healthy Food	Meditha III BSW Nishanth, III BSW Ajith K, II BSW Nishanthini, II BSW Dayanad I Bsw
3	Uses of Water	Dheeraj, III BSW Pavan, III BSW Sanjhay M Nayak, II BSW Lithesh , I Bsw
4	Importance of Vegetables	Akshay Lal, III BSW Sheik Nihal, IIBSW Mohammad Junaid IIBSW Vikyath K II BSW Anush , I Bsw
5	Meal planning for pregnant woman	Mohammad Azil, III BSW Prathamesh Srikanth, III BSW Shobhitha T S, II BSW Yashashwini P1, II BSW Mohammad Nawaz , I Bsw

### Sample Issues



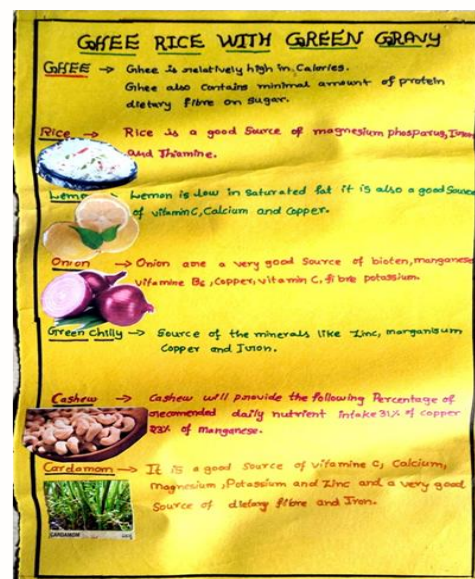
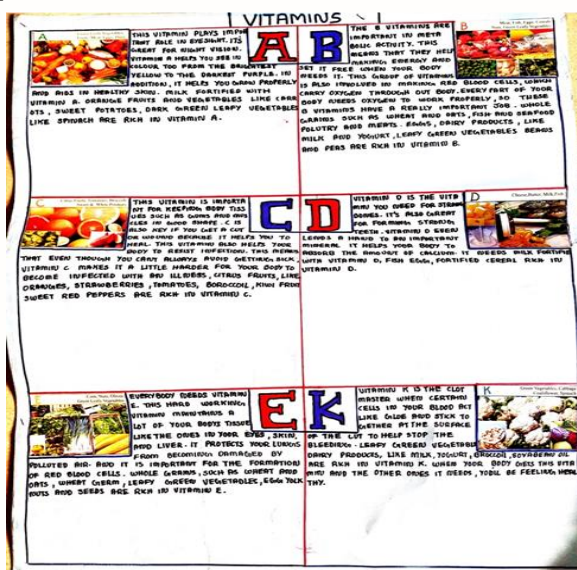


2020-21

<b>Editorial Board</b>	Deepika Sanil, Asst Professor Swathi, III BSW Prajwal, III BSW Anish Lama, I BSW	– Chief Editor – Editor – Asst Editor – Asst Editor
<b>No of issues Published</b>	03	

S.N.	Theme	Contributor
1	Importance of Vitamins – fat soluble	Swathi, III BSW David, III BSW Sathish, III BSW Amith, II BSW Meditha, II BSW Shobitha, I BSW Yashashwini, I BSW
2	Importance of Greens	Swathi H, III BSW Danush, III BSW Azeez, III BSS Asha, II BSW Neeshma, II BSW Nishanthini, I BSW Vikyath, I BSW
3	Balanced diet	Preethika , III BSW Vincent, III BSW Thirumaleshwar, II BSW Anjali, 1 BSW Manjunath, I BSW

### Sample Issues



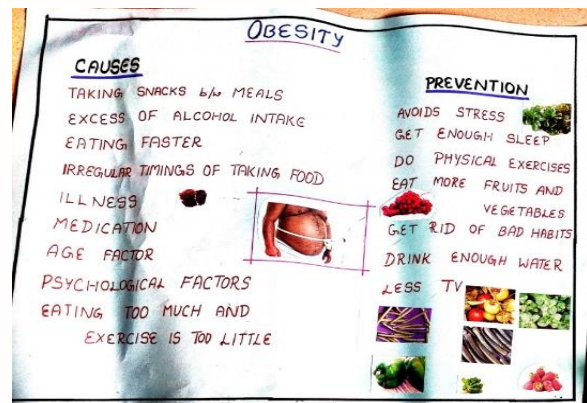
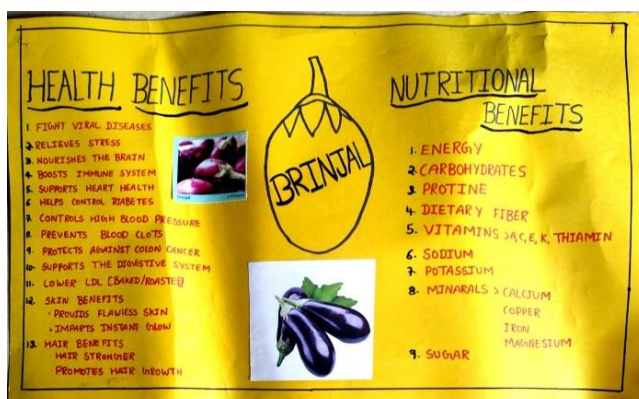


### 2019-20

<b>Editorial Board</b>	Deepika Sanil, Asst Professor Akshatha, III BSW Sawad, III BSW Anish Lama, I BSW	– Chief Editor – Editor – Asst Editor – Asst Editor
<b>No of issues Published</b>	04	

S.N.	Theme	Contributor
1	Importance of Vegetables	Bharath, III BSW Thohib, III BSW Swathi C, II BSW Dhanush, II BSW Vincent, II BSW Amith, I BSW Asha I BSW
2	Nutritional Disorder - Obesity	Rauf, III BSW Kalandar shah, III BSW Azeez, II BSW Prajwal, II BSW Thirumaleshwari
3	Vitamin D Deficiency	Vaishali, III BSW Srinivasa, III BSW Sawad, III BSW David, II BSW Preethika, II BSW Meditha, I BSW
4	Health Beefiness of Jackfruit	Rauf T, III BSW Bharath, III BSW Nazwan, II BSW Sathish, II BSW Swathi H, II BSW Neeshma, I BSW

### Sample Issues



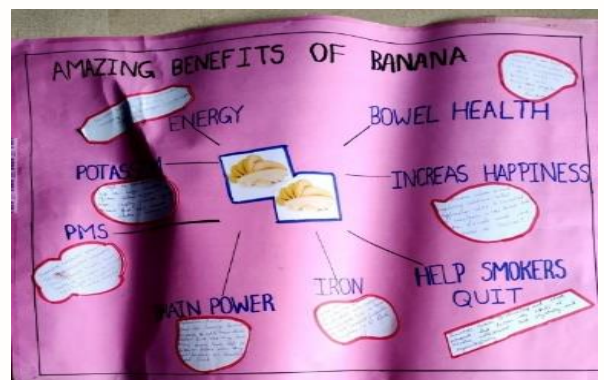
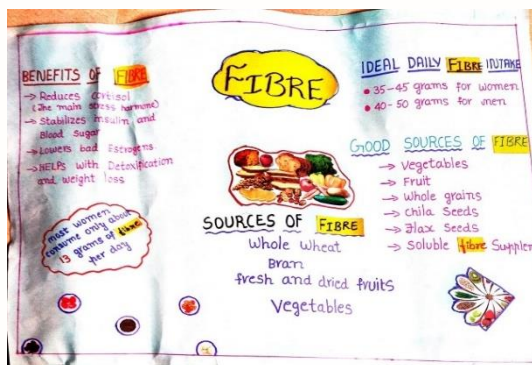


### 2018-19

<b>Editorial Board</b>	Deepika Sanil, Asst Professor Sabin Antony, III BSW Vaishali, II BSW Srinivas, I BSW	– Chief Editor – Editor – Asst Editor – Asst Editor
<b>No of issues Published</b>	04	

S.N.	Theme	Contributor
1	Fibre- its sources and importance	Sahul Hameed, III BSW Abdul Rauf, II BSW RAuf T, II BSW Preethika, I BSW Vincent, I BSW
2	Importance of Minerals	Jayalaxmi, III BSW Md Irshad, III BSW Kaleed , II BSW Meharz, II BSW Kalander shah, I BSW Prajwal, I BSW
3	Milk Products and its importance	Nikil Raj, III BSW Niranjan, III BSW Nithin, III BSW Azeez, II BSW Jasim, I BSW David , I BSW Swathi H, I BSW
4	Carbohydrates	Mustafa, III BSW Safan, III BSW Salim, II BSW Nelson, II BSW Akshatha , I BSW Bharath, I BSW

### Sample Issues





### 2017-18

<b>Editorial Board</b>	Deepika Sanil, Asst Professor Joel Monteiro, III BSW Vijeth, III BSW Sinon, II BSW	– Chief Editor – Editor – Asst Editor – Asst Editor
<b>No of issues Published</b>	04	

S.N.	Theme	Contributor
1	Protein rich food and its importance	Sabin Antony, II BSW Sahul Hameed, III BSW Shiyabuddin, II BSW Sinon, II BSW Suhail, II BSW Lokesh, I BSW Irshad, IBSW
2	Profile of Dept of BSW	Jeevan Dsouza, III BSW Keertan Kumar, III BSW Nikil Raj, II BSW Niranjana, II BSW Nithin, I BSW Bharath, I BSW
3	Meal planning for pregnant woman	Avil Santhmayor, III BSW Ansaruddin, III BSW Denzil Rodrigues, III BSW Steevan, III BSSW Manoj, II BSW
4	Milk Products and its importance	Prakyath, III BSW Rauf T, II BSW Abdul Sawad, II BSW Mohan, I BSW Deepti Rai, I BSW

### Sample Issues

